



Stockton Unified School District
Since 1852

COACHES HANDBOOK

SECTION II

COACHING PHILOSOPHY & SPORTSMANSHIP

COACHING

Coaching is face-to face leadership that pulls athletes with diverse backgrounds, talents, experiences, and interests together.

Coaching encourages athletes to step up to responsibility and achieve.

Coaching treats athletes as full-scale partners and contributors.

Coaching is not memorizing techniques or deriving a perfect game plan.

Coaching is about really paying attention to people, really believing in them, really caring about them, and really involving them.

A COACH IS...

A coach is “one who compels people into action, who converts followers into leaders, and who may convert leaders into agents of change.” It is a collective process — coaches and players working together to meet each other’s individual needs and common goal.

COACHES COMMANDMENTS

COACHES SHALL NOT.....

1. Allow any student to participate in try-outs, practices or games without proper athletic clearances: physical, academic, residential eligibility, etc.
2. Allow your keys to be used by any student or be out of your sight.
3. Allow any unsafe condition to be unreported.
4. Allow students to participate without proper supervision.
5. Allow students to be transported to or from contests in other than prescribed transportation if the event is outside of the city limits.
6. Be other than loyal to your program, school, and district (SUSD).
7. Allow students and/or coaches to park/drive in other than prescribed areas.
8. Allow confidential information concerning students (i.e. grades, medical data, personal notes, etc.) to be made public.
9. Do anything that has not been properly cleared through the Athletic Director (AD) and/or appropriate site administrator.
10. Illegally recruit athletes NOR form close alliance with those who do.
11. Take any personal gain from the coaching activity other than what the district (SUSD) offers.
12. Use or allow athletes to use profanity.

ATHLETE'S BILL OF RIGHTS

Athletes participate in sport for a variety of reasons and have many expectations. Whether it is to attain a personal goal, a higher level of competition or simply for the pure joy of sport, parents and coaches hold the key in athletes' choices to participate.

Athletes have the right to:

- Have fun through sport;
- Participate at a level that is consistent with ability;
- Have qualified, sensitive leadership;
- Participate in a safe and healthy environment;
- Share in the leadership and decision-making of their sport;
- As a child, play as children and as an adult, play at the appropriate competition level;
- Have the opportunity to participate in sport regardless of ability or income level;
- Proper preparation for participation in the sport;
- An equal opportunity to strive for success;
- Be treated with dignity by all involved;
- Say 'No'

CIF SAC-JOQUIN SECTION **CODE OF CONDUCT**

1. The Code of Conduct in the Sac-Joaquin Section Bylaws shall be the Code of Conduct for each league in the Section, unless the respective leagues adopt another, which is approved by the Board of Managers.
2. Each school should teach interpretations of the Code of Conduct to students.
3. The host school principal or his designee, other than the coach, shall be in attendance at all spectator sports. The visiting school principal or designees, other than the coach, should attend contests as discretion determines. (Discretion shall be influenced by rivalries, size of anticipated crowds and previous problems.)
4. Each coach, principal and other school employees shall abide by the following regulations:
 - a. To make no demonstrations himself, which will encourage unfavorable reactions on the part of his/her players or spectators or permit any such demonstration on the part of his/her players;
 - b. To require his players to accept all decisions by the officials without question; with the expectation that the captain may make reasonable protest after he has requested a time-out for that purpose;
 - c. To limit protests of captains and coaches to decisions involving interpretations of rules;
 - d. To encourage the coaches and the players to make a positive effort to assist in controlling the conduct of the school's spectators;
 - e. To voice no public criticism of the officials;
 - f. To make no unfavorable comments regarding officials or officiating to the media;
 - g. To do everything possible to prevent the press and radio from commenting unfavorably of the officials or the officiating.
5. The home school shall provide adequate security to ensure safety at all contests.
6. Schools shall deny entrance to school athletic events to all spectators who persist in baiting the officials.
7. Each school shall make a determined effort to build a better pattern of sportsmanship through advertising, news stories, on the loud speaker and in the printed game programs.
8. Each school shall endeavor to train yell and song leaders in attitudes and methods of good sportsmanship and crowd control.

VIOLATION OF CODE OF CONDUCT

1. When the Commissioner receives notification of a violation, he will use his discretion as to whether he will take one of the following actions:
 - a. Direct the school's principal, in writing, to reprimand the violating coach. The principal is to verify in writing to the commissioner that the coach has been reprimanded;
 - b. Request the Board of Managers to invoke Article III, Section 2.2.
2. School may appeal under Bylaw 110.1.

PROTEST PROCEDURES

1. Protests shall be referred to the league for resolution. Decisions will be binding unless appealed to the Board of Managers.
2. Protests involving non-league games will be handled under Bylaw 1104 of the Sac-Joaquin Section Bylaws.

CIF SAC-JOQUIN SECTION

SPORTSMANSHIP RESOLUTION

That the Sac-Joaquin Section will distribute a contract to each of its member schools requesting that the appropriate administrator(s) distribute, review and discuss the enclosed recommendations of the CIF State Federated Council with all members of each school's administrative staff, coaching staffs, athletic squads, spirit squads, booster clubs, drill team, marching band, faculty and any other school entity concerned or involved with interscholastic athletics.

CODE OF ETHICS

It is the duty of all concerned with high school athletics:

1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play;
2. To eliminate all possibilities which tend to destroy the best values of the game;
3. To stress the values derived from playing the game fairly;
4. To show cordial courtesy to visiting teams and officials;
5. To establish a happy relationship between visitors and hosts;
6. To respect the integrity and judgment of sports officials;
7. To achieve a thorough understanding and acceptance of rules of the game and the standards of eligibility;
8. To encourage leadership, use of initiative and good judgment by the players on a team;
9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well-being of the individual players;
10. To remember that an athletic contest is only a game – not a matter of life and death for player, coach, school, officials, fan, community, state or nation.

SPORTSMANSHIP PREAMBLE

The member schools of the CIF are committed to providing a sportsmanlike environment for students, coaches and spectators. To that end, the CIF Federated Council has adopted the following sportsmanship and crowd control recommendations. Each member school is requested to commit itself to implementing these recommendations and completing the enclosed sportsmanship contract.

DEFINITION

A person who can take a loss or defeat without complaint, or victory without gloating and who treats his/her opponents with fairness, courtesy and respect.

1. The following are expected to be role models demonstrating sportsmanship at all times:
 - a. principal/administrative staff;
 - b. athletic directors;
 - c. coaches, players and cheerleaders;
 - d. faculty members;
 - e. booster club members;
 - f. band director.
2. Coaches, players, cheerleaders and spectators will respect the integrity and judgment of sports officials.
3. The conduct of coaches, players and cheerleaders generally sets the tone for CIF contests. They will be expected to maintain the highest level of decorum at all CIF contests.
4. The following behavior is unacceptable at all CIF high school contests:
 - a. Berating your opponent's school or mascot;
 - b. Berating opposing players;
 - c. Obscene cheers or gestures;
 - d. Negative signs;
 - e. Complaining about officials' calls (verbal or gestures).
5. The following rules regarding noisemakers and bands are to be followed by all CIF Sac-Joaquin Section schools:
 - a. Noisemakers at ALL indoor events are prohibited. Non-mechanical handheld devices (i.e., small cow bells and thunder sticks) are allowed at outdoor events, excluding baseball and softball. One authorized, school-sponsored air-powered/mechanical noisemaker (i.e., cannon) is allowed to be used by the home team at football games only, and only after a scoring play or the end of the game; this device may not be used if the point differential is 35 points or more or a running clock is in effect. This noisemaker must be approved at a

league meeting. All other whistles, air horns and other air-powered/mechanically powered noisemaking devices are prohibited.

- b. Bands and sound systems are the sole responsibility of home schools at non-playoff contests. Visiting teams may bring school bands and sound equipment to non-playoff contests provided they receive prior administrative approval from the home school principal or designee.
 - c. Bands are encouraged to attend and participate in playoff contests. The visiting school must make prior contact with the home team if they plan on bringing a band to a playoff game to ensure appropriate seating. The Section office, prior to the event, must approve bands participating at neutral site Section finals.
 - d. Bands are not allowed to play during the course of the actual contest.
 - i. In the sport of football, bands may play during timeouts, halftime or in between plays. Bands must stop playing when a team breaks the huddler or in the case of a no huddle offense, when the quarterback lines up in position to take a snap.
 - ii. In the sport of basketball, the band may play during timeouts, at the end of each quarter or during halftime.
 - e. It is the responsibility of the site administrators to make sure the above stated regulations are enforced.
 - f. The game officials may stop a game and seek help from the site administrators if they believe the regulations are not being enforced.
6. The following action plans are recommended:
- a. A script should be provided to the announcer including:
 - i. Welcome;
 - ii. Sportsmanlike expectations;
 - iii. Acknowledgement and introduction of the game officials;
NOTE: There should be a short statement endorsing the officials as neutral persons who have been certified by the NCOA.
 - iv. Introduction of players;
 - v. Sponsorship recognition.
 - b. Include the CIF Code of Ethics in the game programs.
 - c. Each participating school's administration is expected to emphasize sportsmanlike behavior at all CIF contests.
 - i. This shall be directed to coaches, players, cheerleaders and spectators in the day(s) prior to the contest.
 - ii. Rallies, team meetings, faculty meetings and spirit club meetings, school bulletins and P.A. announcements are all appropriate venues.
 - iii. Contact the principal or administrator-in charge of the opponent's school at least one day prior to basketball and football games and other contests as appropriate to promote practical applications of the sportsmanship and to ensure the proper environment for the contest.
 - d. It is the responsibility of the administration of each participating school to designate an administrative representative:
 - i. Who will check in with the site manager 30 minutes prior to the game time and establish where he/she will be throughout the contest;
 - ii. Enforce the highest standards of sportsmanship within his/her own student body;
 - iii. Contact the administrative representative of the opponent's school to report any violations of sportsmanship by either school's supporters.