

# Parent Training University of the Pacific

During **November/December**, the Psychology Department at the University of the Pacific will offer Parent Training Lessons. There will be two options to attend the training, in-person morning training at **King Elementary** or in the afternoon via Zoom. Additionally, during in-person training sessions, Spanish translation will be available. (*King Elementary 2640 E. Lafayette St. Stockton, Ca. 95205*)

The Parent Training includes 4 sessions on basic behavioral principles covering the following topics: Play and Praise, Tangible Rewards, Effective Limit Setting, Minimizing Attention, and Natural and Logical Consequences.

During the training, Pacific staff will cover a topic via a PowerPoint presentation and provide examples of the different key concepts for the unit. Parents will get the opportunity to participate in discussions and afterwards, Pacific staff will be available for questions.

Weekly meeting times will be Thursdays and the two options to attend meetings are:

In-person - 9:15-10:15 am

Zoom - 1-2 pm

<p><b>Session 1 - Play and Praise</b> November 16th, 2023</p> <ul style="list-style-type: none"> <li>● 9:15 am - 10:15 am – In Person</li> <li>● 1 pm - 2 pm – Zoom</li> </ul>	<p><b>Session 2 - Tangible Rewards</b> November 30th, 2023</p> <ul style="list-style-type: none"> <li>● 9:15 am - 10:15 am – In Person</li> <li>● 1 pm - 2 pm – Zoom</li> </ul>
<p><b>Session 3 - Effective Limit Setting</b> December 7th, 2023</p> <ul style="list-style-type: none"> <li>● 9:15 am - 10:15 am – In Person</li> <li>● 1 pm - 2 pm – Zoom</li> </ul>	<p><b>Session 4 – Minimizing Attention and Natural and Logical Consequences</b> December 14th, 2023</p> <ul style="list-style-type: none"> <li>● 9:15 am -10:15 am – In Person</li> <li>● 1 pm - 2 pm – Zoom</li> </ul>

More trainings to come in Jan/Feb, Feb/Mar, and Mar/April at additional school sites.

**Below is the Zoom information for all meetings:**

<https://pacific.zoom.us/j/3792984977?pwd=R2RyYmFkOjREbCtjamZvOEJmSm5qZz09>

Meeting ID: 379 298 4977

Passcode: ABA

One tap mobile

+16699009128,,3792984977#,,, \*954228# US (San Jose)

Dial by your location

+1 669 900 9128 US (San Jose)

Meeting ID: 379 298 4977

Passcode: 954228

**If you have any questions please contact:**

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