## High School 9-12 Menu O- HIGH SCHOOL BREAKFAST

Monday Tuesday Wednesday Thursday Friday

Assorted Cereal\*, 2 oz.
Assorted Juice, 4 oz.
Seasonal California Fruit
Milk, White 1%
Milk, Chocolate NF

### Aua 1

Big Breakfast\* Muffin Basket\* Assorted Cereal\*, 2 oz. Seasonal California Fruit Assorted Juice, 4 oz. Milk, White 1% Milk, Chocolate NF

### Aua 2

Waffles\* with Syrup
Waffle\* and Sausage Sandwich
Assorted Cereal\*, 2 oz.
Assorted Juice, 4 oz.
Seasonal California Fruit
Milk, White 1%
Milk, Chocolate NF

### Aua 3

English Muffin\*, Egg & Cheese Sa ndwich Breakfast Pizza\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

### Aua 4

Bagel\*, Egg & Cheese Sandwich Bakery Basket\* (V) Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

# Aua 5

Jul 29

Breakfast Burrito\* Pancake on a Stick\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

Breakfast Burrito\* Pancake on a Stick'

### Aug 8

Big Breakfast\* Muffin Basket\* Assorted Cereal\*, 2 oz. Seasonal California Fruit Assorted Juice, 4 oz. Milk, White 1% Milk, Chocolate NF

### Aug 9

Waffles\* with Syrup
Waffle\* and Sausage Sandwich
Assorted Cereal\*, 2 oz.
Assorted Juice, 4 oz.
Seasonal California Fruit
Milk, White 1%
Milk, Chocolate NF

### Aug 10

English Muffin\*, Egg & Cheese Sa ndwich Breakfast Pizza\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

### Aug 11

Bagel\*, Egg & Cheese Sandwich Bakery Basket\* (V) Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

## Aug 12

Breakfast Burrito\* Pancake on a Stick\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

# Aug 15

Big Breakfast\* Muffin Basket\* Assorted Cereal\*, 2 oz. Seasonal California Fruit Assorted Juice, 4 oz. Milk, White 1% Milk, Chocolate NF

### Aug 16

Waffles\* with Syrup
Waffle\* and Sausage Sandwich
Assorted Cereal\*, 2 oz.
Assorted Juice, 4 oz.
Seasonal California Fruit
Milk, White 1%
Milk, Chocolate NF

### Aug 17

English Muffin\*, Egg & Cheese Sa ndwich Breakfast Pizza\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

## Aug 18

Bagel\*, Egg & Cheese Sandwich Bakery Basket\* (V) Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

### Aug 19

Breakfast Burrito\* Pancake on a Stick\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

# Aug 22

Big Breakfast\* Muffin Basket\* Assorted Cereal\*, 2 oz. Seasonal California Fruit Assorted Juice, 4 oz. Milk, White 1% Milk, Chocolate NF

# Aua 23

Waffles\* with Syrup
Waffle\* and Sausage Sandwich
Assorted Cereal\*, 2 oz.
Assorted Juice, 4 oz.
Seasonal California Fruit
Milk, White 1%
Milk, Chocolate NF

# Aug 24

English Muffin\*, Egg & Cheese Sa ndwich Breakfast Pizza\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

# Aug 25

Bagel\*, Egg & Cheese Sandwich Bakery Basket\* (V) Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

# Aug 26

Breakfast Burrito\* Pancake on a Stick\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

## Aug 29

Big Breakfast\* Muffin Basket\* Assorted Cereal\*, 2 oz. Seasonal California Fruit Assorted Juice, 4 oz. Milk, White 1% Milk, Chocolate NF

## Aug 30

Waffles\* with Syrup
Waffle\* and Sausage Sandwich
Assorted Cereal\*, 2 oz.
Assorted Juice, 4 oz.
Seasonal California Fruit
Milk, White 1%
Milk, Chocolate NF

## Aug 31

English Muffin\*, Egg & Cheese Sa ndwich Breakfast Pizza\* Assorted Cereal\*, 2 oz. Assorted Juice, 4 oz. Seasonal California Fruit Milk, White 1% Milk, Chocolate NF

USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole grain items are indicated by \*.

Salad Bar

Milk, White 1%

Milk, Chocolate NF

Ketchup

Salad Bar

Milk, White 1%

Milk, Chocolate NF

Ketchup

Ranch Dressing Cup

## High School 9-12 Menu L- HS LUNCH TRANSPORT 9-12

**Tuesday Thursday Friday** Monday Wednesday Chicken Patty Sandwich Potato Wedges Fried Chicken\* Mac N Cheese\* Breadstick\* Add'l Item Salad Bar Milk, White 1% Milk, Chocolate NF Ketchup Aug 1 Aug 3 Aug 4 E-Cheeseburger\* Fajita Chicken Salad with Tortilla C Teriyaki Chicken Spaghetti\*with Meat Sauce Chicken Patty Sandwich\* Potato Wedges Potato Wedges Brown Rice Turkey Sandwich\* hips\* Fried Chicken\* Orange Chicken\* Pepperoni Pizza\* Slice Fajita Chicken Wrap\* Tortilla Chips\* Brown Rice Grilled Cheese Sandwich\* Fruit & Yogurt Parfait\* Salsa Mac N Cheese\* Jalapeno Cheese Bites\* Cheese Pizza Slice\* Seasoned Potato Wedges Add'l Item\_ Breadstick\* Add'l Item Add'l Item Add'l Item\_ Add'l Item\_ Salad Bar Salad Bar Salad Bar Milk, White 1% Salad Bar Salad Bar Milk, White 1% Milk, White 1% Milk, White 1% Milk, Chocolate NF Milk, White 1% Milk, Chocolate NF Milk, Chocolate NF Milk, Chocolate NF Milk, Chocolate NF Ketchup Ketchup Ranch Dressing Cup Ketchup Ranch Dressing Cup Aug 8 Aug 10 Aug 11 Aug 12 E-Cheeseburger\* Fajita Chicken Salad with Tortilla C Teriyaki Chicken Spaghetti\*with Meat Sauce Chicken Patty Sandwich' Potato Wedges Brown Rice . Turkey Sandwich\* Potato Wedges hips\* Fried Chicken\* Orange Chicken\* Pepperoni Pizza\* Slice Fajita Chicken Wrap\* Tortilla Chips\* Grilled Cheese Sandwich\* Mac N Cheese\* Brown Rice Fruit & Yogurt Parfait\* Salsa Cheese Pizza Slice\* Seasoned Potato Wedges Add'l Item\_ Jalapeno Cheese Bites\* Breadstick\* Add'l Item Add'l Item Add'l Item\_ Add'l Item\_ Salad Bar Milk, White 1% Salad Bar Salad Bar Salad Bar Salad Bar Milk, White 1% Milk, White 1% Milk, Chocolate NF Milk. White 1% Milk, White 1% Milk, Chocolate NF Milk, Chocolate NF Milk, Chocolate NF Milk, Chocolate NF Ketchup Ketchup Ranch Dressing Cup Ketchup Ranch Dressing Cup Aug 15 Aug 16 Aug 17 Aug 18 Aug 19 E-Cheeseburger\* Fajita Chicken Salad with Tortilla C Teriyaki Chicken Spaghetti\*with Meat Sauce Chicken Patty Sandwich' Potato Wedges Potato Wedges Brown Rice . Turkey Sandwich\* hips\* Fried Chicken\* Orange Chicken\* Pepperoni Pizza\* Slice Fajita Chicken Wrap\* Tortilla Chips\* Grilled Cheese Sandwich\* Brown Rice Fruit & Yogurt Parfait\* Salsa Mac N Cheese' Cheese Pizza Slice\* Seasoned Potato Wedges Add'l Item\_ Jalapeno Cheese Bites\* Breadstick\* Add'l Item\_ Add'l Item\_ Add'l Item\_ Salad Bar Milk, White 1% Salad Bar Salad Bar Salad Bar Salad Bar Milk, White 1% Milk, White 1% Milk, Chocolate NF Milk, White 1% Milk, White 1% Milk, Chocolate NF Milk, Chocolate NF Milk, Chocolate NF Milk, Chocolate NF Ketchup Ketchup Ranch Dressing Cup Ketchup Ranch Dressing Cup Aug 22 Aug 23 Aug 24 Aug 25 Aug 26 E-Cheeseburger\* Fajita Chicken Salad with Tortilla C Teriyaki Chicken Spaghetti\*with Meat Sauce Chicken Patty Sandwich' Potato Wedges Potato Wedges . Turkey Sandwich\* hips\* Brown Rice Fried Chicken\* Orange Chicken\* Pepperoni Pizza\* Slice Fajita Chicken Wrap\* Tortilla Chips\* Grilled Cheese Sandwich\* Brown Rice Fruit & Yogurt Parfait\* Salsa Mac N Cheese' Cheese Pizza Slice\* Seasoned Potato Wedges Add'l Item\_ Jalapeno Cheese Bites\* Breadstick\* Add'l Item\_ Add'l Item\_ Add'l Item\_ Salad Bar

Milk, White 1%

Milk, Chocolate NF

Salad Bar

Milk, White 1%

Milk, Chocolate NF

Ranch Dressing Cup

Salad Bar

Milk, White 1%

Milk, Chocolate NF

Ketchup

Aug 29	Aug 30	Aug 31
E-Cheeseburger* Potato Wedges Orange Chicken* Brown Rice Cheese Pizza Slice*	Fajita Chicken Salad with Tortilla C hips* Pepperoni Pizza* Slice Grilled Cheese Sandwich* Seasoned Potato Wedges	Teriyaki Chicken Brown Rice Fajita Chicken Wrap* Fruit & Yogurt Parfait* Add'l Item
Add'I ItemSalad Bar Milk, White 1% Milk, Chocolate NF Ketchup	Seasoned Potato Wedges Add'l Item Salad Bar Milk, White 1% Milk, Chocolate NF Ketchup Ranch Dressing Cup	Salad Bar Milk, White 1% Milk, Chocolate NF

USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole grain items are indicated by \*.

### K-8 Menu I- PRESCHOOL BREAKFAST

**Tuesday Friday** Monday Wednesday **Thursday** Jul 29 Pancake & Sausage on a Stick' Assorted Juice, 4 oz. Milk, white 1% Crystal Aug 4 Aug 1 Aug 2 Aug 3 Aug 5 Blueberry Muffin\* IW WG Banana Bread\* IW Assorted Cereal\*, 2 oz. Breakfast Pizza\* WG Pancake & Sausage on a Stick\* Apple slices pkt Seasonal California Fruit Seasonal California Fruit Canned Fruit, Assorted Assorted Juice, 4 oz. Milk, white 1% Crystal Aug 8 Aug 9 Aug 10 Aug 11 Aug 12 Blueberry Muffin\* IW WG Assorted Cereal\*, 2 oz. Breakfast Pizza\* WG Banana Bread\* IW Pancake & Sausage on a Stick' Seasonal California Fruit Seasonal California Fruit Canned Fruit, Assorted Assorted Juice, 4 oz. Apple slices pkt Milk, white 1% Crystal Aug 15 Aug 16 Aug 17 Aug 18 Aug 19 Blueberry Muffin\* IW WG Assorted Cereal\*, 2 oz. Breakfast Pizza\* WG Banana Bread\* IW Pancake & Sausage on a Stick Apple slices pkt Seasonal California Fruit Seasonal California Fruit Canned Fruit, Assorted Assorted Juice, 4 oz. Milk, white 1% Crystal Aug 22 Aug 23 Aug 24 Aug 25 Aug 26 Blueberry Muffin\* IW WG Assorted Cereal\*, 2 oz. Breakfast Pizza\* WG Banana Bread\* IW Pancake & Sausage on a Stick\* Apple slices pkt Seasonal California Fruit Seasonal California Fruit Canned Fruit, Assorted Assorted Juice, 4 oz. Milk, white 1% Crystal Aug 29 Aug 30 Aug 31 Blueberry Muffin\* IW WG Assorted Cereal\*, 2 oz. Breakfast Pizza\* WG Apple slices pkt Seasonal California Fruit Seasonal California Fruit Milk, white 1% Crystal Milk, white 1% Crystal Milk, white 1% Crystal

USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole grain items are indicated by\*.

Vegetarian items are indicated by (V).

Ketchup

### K-8 Menu P- PRESCHOOL LUNCH

**Tuesday Thursday Friday** Monday Wednesday Jul 29 Mac N Cheese\* Celery Sticks Orange Milk, White 1% Aug 1 Aug 2 Aug 3 Aug 4 Aug 5 Cheeseburger Pepperoni Pizza\* Slice Teriyaki Chicken Spaghetti\* & Meat Sauce Fried Chicken\* Seasoned Potato Wedges Broccoli florets Brown Rice **Baby Carrots** Assorted Crackers\* Assorted Fruit Cups Orange Seasonal California Fruit Edamame Corn niblets Milk, White 1% Milk, White 1% Seasonal California Fruit Milk, White 1% Seasonal California Fruit Milk, White 1% Ketchup Milk, White 1% Aug 8 Aug 10 Aua 9 Aug 11 Aug 12 Cheese Pizza Slice\* Orange Chicken\* Grilled Cheese Sandwich Turkey Sandwich\* Mac N Cheese\* Brown Rice Seasoned Potato Wedges Green Beans Chopped Romaine Celery Sticks **Baby Carrots** Assorted Fruit Cups Seasonal California Fruit with Tomato Slices Orange Seasonal California Fruit Milk, White 1% Milk, White 1% Seasonal California Fruit Milk, White 1% Ketchup Milk, White 1% Milk, White 1% Aug 15 Aua 16 Aua 17 Aug 18 Aug 19 Cheeseburger Pepperoni Pizza\* Slice Fried Chicken\* Teriyaki Chicken Spaghetti\* & Meat Sauce Seasoned Potato Wedges Broccoli florets Brown Rice **Baby Carrots** Assorted Crackers\* Seasonal California Fruit Assorted Fruit Cups Edamame Orange Corn niblets Milk, White 1% Milk, White 1% Seasonal California Fruit Milk, White 1% Seasonal California Fruit Ketchup Milk, White 1% Milk, White 1% Aug 22 Aug 23 Aug 24 Aug 25 Aug 26 Orange Chicken\* Grilled Cheese Sandwich Cheese Pizza Slice\* Turkey Sandwich\* Mac N Cheese\* Seasoned Potato Wedges Green Beans Chopped Romaine Brown Rice Celery Sticks **Baby Carrots** Assorted Fruit Cups Seasonal California Fruit with Tomato Slices Orange Seasonal California Fruit Seasonal California Fruit Milk, White 1% Milk, White 1% Milk, White 1% Milk, White 1% Ketchup Milk, White 1% Aug 29 Aug 30 Aug 31 Pepperoni Pizza\* Slice Teriyaki Chicken Cheeseburger Seasoned Potato Wedges Broccoli florets Brown Rice Assorted Fruit Cups Seasonal California Fruit Edamame Milk, White 1% Milk, White 1% Seasonal California Fruit

USDA and this institution are equal opportunity providers and employers.

Milk, White 1%

Menu subject to change.

Whole grain items are indicated by\*.

Vegetarian items are indicated by (V).