

## SERVICES



- Conflict Mediation Program
- Crisis Intervention
- Dental Screening
- First Aid
- Health Education
- Individual and Family Counseling
- Mental Health Services
- Nutrition Information
- Primary Medical Care
- Referrals to Outside Services
- Sports Physicals
- Substance Use Prevention
- Support Groups for Anger Management, Substance Use, Personal Responsibility, Smoking Cessation, and Life Skills
- Trauma Counseling
- Vision and Hearing Tests



Anger Management, Substance Use, Personal Responsibility, Smoking Cessation, and Life Skills

The Stagg Wellness Center serves the medical and mental health needs of students attending Stagg High School, Stockton Public Safety Academy (PSA), and Pacific Law Academy (PLA). Students under the age of 18 must have parental consent, however, **all services are confidential.**

## THE STAFF

Christiane Liza R. Highfill  
Wellness Center Coordinator  
209/933.7445 x8486

Melanie Compo, Health Care Assistant  
209/933.7445 x8485

Carole Caton, BSN, RN, PHN-School Nurse  
209/933.7445 x8512

Holly Agundes, AMFT/MH Clinician  
209/933.7445 x8510

### Delta Health Care

- Sonia Bradley, MSW Intern  
Trauma Therapist  
On Campus: Daily
- Interns - Individual and group counseling  
On Campus: varies

### Child Abuse Prevention Council

- Support Groups for Depression & Coping
- Suicide Prevention/Yellow Ribbon  
On Campus: Tuesdays/Thursdays

### Community Medical Center

- Smoking Cessation/Substance Use  
On Campus: Fridays

### SJC Probation – Crossroads Program

- Individual counseling  
On Campus: varies

For YOUR Health and  
Wellness Needs...



### *The Wellness Center*

Stagg High School  
1621 Brookside Road, Room E-2  
Stockton, CA 95207  
209/933.7445 x8485  
209/954.9245 fax

Monday – Friday\*  
7:00am – 3:00pm

\*When school is in session

*Let the Stagg Wellness Center get you  
started on the path towards positive health  
and success.*

*Serving students since 1999*

## Who are we?

The Stagg Wellness Center was established in April 1999. Delta Health Care serves as the lead agency and assists in providing medical and behavioral health services to meet the needs of our students.

The Stagg Wellness Center is a health and wellness facility open to students attending Stagg High School, the Stockton Public Safety Academy (PSA), and the Pacific Law Academy (PLA). By having a wellness center on campus, students are able to receive services in a safe, youth-centered environment.

We encourage students to continue receiving services from their primary care physicians. However, the Stagg Wellness Center is here to serve the immediate needs of the students.

Thank you to those organizations who support the Stagg Wellness Center:



The Wellness Center at Stagg High School offers physical and behavioral health services on campus that help lead to healthier lifestyles.

### ACCESSIBLE

- Services are free and available on campus.

### CONVENIENCE

- No need to arrange for transportation or adjust parent's work schedule.
- No need to miss class for long periods of time.

### RESOURCEFUL

- Referrals can be made to outside agencies for additional services.

### MEDICAL SPECIALISTS

- The Stagg Wellness Center is staffed with doctors and other trained medical professionals to provide quality services.
- All staff are trained to work with teens.

### BEHAVIORAL HEALTH SPECIALISTS

- The Stagg Wellness Center works with community agencies like Community Medical Center, Child Abuse Prevention Council, and Delta Health Care to provide services and groups on campus.
- Current services include anger management, coping skills, depression, personal responsibility, smoking cessation, substance use disorders, and suicide prevention.

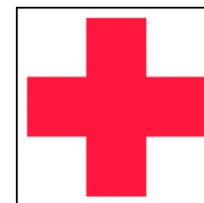
## How do I receive services?

It's as easy as 1...2...3...

Step 1: Have your parent/guardian complete the Wellness Center parent consent form.

Step 2: Return the signed consent form to the Stagg Wellness Center. The consent is valid for the duration of the student's attendance.

Step 3: Request an appointment. Staff will schedule an appointment and make appropriate referrals.



The staff at the Stagg Wellness Center will teach you the importance of good physical and behavioral health. Providers offer education, prevention, and treatment that can lead to healthier, positive lifestyles.

If you would like to schedule an appointment for a health assessment, please call 209/933.7445 x8485.

Research has shown, and teachers and educators intuitively know, that healthier children are better students because they are able to focus in class and are not distracted by hunger, pain, stress, or a chronic illness.

-[www.schoolhealthcenters.org](http://www.schoolhealthcenters.org)